



Grow the Tree You Got: & 99 Other Ideas for Raising Amazing Adolescents and Teenagers

Tom Sturges

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A wise and inspiring guide to parenting through the extraordinary- and at times tumultuous-journey that is the adolescent and teenage years.

When Tom Sturges became a father, he decided that he wanted to be one of the greatest father that ever walked the earth. But things became a bit more complicated when his older son turned ten, and the chatty kid he'd known suddenly started locking his bedroom door. Tom realized he needed to find a way to stay on track-he needed crib notes. So, if a parenting idea or technique worked well, he wrote it down. And if he stumbled across something another parent did that was particularly ingenious or exemplary, he wrote that down, too. In *Grow the Tree You Got*, Tom presents "golden rules" for raising happy, healthy, and compassionate adults. His mantra? It's impossible to show our children too much respect, but it's worth the effort to try.

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