



Your Baby Week By Week: The ultimate guide to caring for your new baby

Caroline Fertleman, Simone Cave

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Finding out what to expect during each week of pregnancy is easy; the shops are heaving with informative guides. Yet when the baby finally arrives and you are left to face the weeks of unpredictability and worry that a newborn baby brings, there are no week-by-week baby manuals to offer the advice, information and reassurance you need.

Your Baby Week By Week is the guide you've been crying out for. Each chapter covers just one week of a baby's development, and, ideal for tired and anxious parents, the week is divided into sections so that you can quickly and easily skim the chapter and find the information you're looking for. It covers the basics - sleep, feeding, crying, washing, play and development - as well as being packed full of vital information and handy tips for checking a baby's progress, including:

- which vaccinations he needs and when
- how much milk/feeds he needs
- planning ahead
- specific problems you may encounter, such as colic, and how to deal with them

Clearly laid out and written by two experienced mothers - one a paediatrician, the other the *Daily Mirror's* health editor, this is a reassuring and practical guide to help you through the crucial first six months of parenthood.

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