



Can't Remember What I Forgot: Your Memory, Your Mind, Your Future

Sue Halpern

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Behind the Scenes of Cutting-Edge Memory Research

When Sue Halpern decided to emulate the first modern scientist of memory, Hermann Ebbinghaus, who experimented on himself, she had no idea that after a day of radioactive testing, her brain would become so “hot” that leaving through the front door of the lab would trigger the alarm. This was not the first time while researching *Can't Remember What I Forgot* that Halpern had her head examined, nor would it be the last.

Like many of us who have had a relative or friend succumb to memory loss, who are getting older, and who are hearing statistics about our own chances of falling victim to dementia, Halpern wanted to find out what the experts really knew, how close science is to a cure, to treatment, to accurate early diagnosis, and, of course, whether the crossword puzzles, sudokus, and ballroom dancing we've been told to take up can really keep us lucid or if they're just something to do before the inevitable overtakes us.

Sharply observed and deeply informed, *Can't Remember What I Forgot* is a book full of vital information and a solid dose of hope.

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Willie Kelly:

The reason? Because this Can't Remember What I Forgot: Your Memory, Your Mind, Your Future is an unordinary book that the inside of the publication waiting for you to snap that but latter it will jolt you with the secret the idea inside. Reading this book adjacent to it was fantastic author who all write the book in such amazing way makes the content inside easier to understand, entertaining way but still convey the meaning totally. So , it is good for you because of not hesitating having this any longer or you going to regret it. This unique book will give you a lot of benefits than the other book include such as help improving your expertise and your critical thinking technique. So , still want to delay having that book? If I have been you I will go to the publication store hurriedly.

Michael Stein:

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