



Cooking for Kidney Diseases: Your Ultimate Guide for Kidney Disease Diet

Martha Stone

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In this **kidney disease cookbook**, you will learn 30 scrumptious and easy recipes that are kidney-friendly. Each recipe is prepared with ingredients that help the kidneys function properly and provide them energy. The basic of a healthy diet plan is calories, protein, carbohydrates, fat, and portion. This cookbook has covered these 5 essential basics while accumulating these recipes.

Kidney failure is one of the most painful experiences and takes a toll on the human body. In order to avoid such experiences, grab your copy of this **kidney disease 101** guide now. This **kidney disease diet plan** is not only suitable for people on dialysis but these meals can also be consumed by anyone as they only promote your wellbeing so, eat well and feel good.

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