



# Opium for the Masses: Harvesting Nature's Best Pain Medication

Jim Hogshire

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"Contrary to general belief, there is no federal law against growing P. somniferum."—Martha Stewart Living

"Regarded as 'God's own medicine,' preparations of opium were as common in the Victorian medicine cabinet as aspirin is in ours. As late as 1915, pamphlets issued by the U.S. Department of Agriculture were still mentioning opium poppies as a good cash crop for northern farmers. Well into this century, Russian, Greek, and Arab immigrants in America have used poppy-head tea as a mild sedative and a remedy for headaches, muscle pain, cough, and diarrhea. During the Civil War, gardeners in the South were encouraged to plant opium for the war effort, in order to ensure a supply of painkillers for the Confederate Army. What Hogshire has done is to excavate this vernacular knowledge and then publish it to the world—in how-to form, with recipes." - Michael Pollan

First published fifteen years ago, Opium for the Masses instantly became a national phenomenon. Michael Pollan wrote a lengthy feature ("Opium, made easy") about Jim Hogshire in Harper's Magazine, amazed that the common plant, P. somniferum, or opium poppies, which grows wild in many states and is available at crafts and hobby stores and nurseries, could also be made into a drinkable tea that acts in a way similar to codeine or Vicodin.

With Opium for the Masses as their guide, Americans can learn how to supplement their own medicine chest with natural and legal pain medicine, without costly and difficult trips to the doctor and pharmacy.



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Opium for the Masses: Harvesting Nature's Best Pain Medication can be one of your nice books that are good idea. We all recommend that straight away because this book has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but still delivering the information. The article author giving his/her effort to set every word into pleasure arrangement in writing Opium for the Masses: Harvesting Nature's Best Pain Medication but doesn't forget the main point, giving the reader the hottest and also based confirm resource details that maybe you can be one of it. This great information can drawn you into brand new stage of crucial considering.

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Are you kind of stressful person, only have 10 or maybe 15 minute in your day to upgrading your mind ability or thinking skill also analytical thinking? Then you have problem with the book in comparison with can satisfy your small amount of time to read it because all this time you only find guide that need more time to be go through. Opium for the Masses: Harvesting Nature's Best Pain Medication can be your answer since it can be read by a person who have those short extra time problems.

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