



**13 Ways to Use Technology to Live Independently  
at Home for Longer!: Provides a Plan for Aging  
Adults Who Want to Use Technology to Live More  
Safely, ... as Long as Possible. (HomeMentors)  
(Volume 2)**

*Mr. Gerard Denis O'Driscoll*

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# **13 Ways to Use Technology to Live Independently at Home for Longer!: Provides a Plan for Aging Adults Who Want to Use Technology to Live More Safely, ... as Long as Possible. (HomeMentors) (Volume 2)**

*Mr. Gerard Denis O'Driscoll*

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13 Ways to Use Technology to Live Independently at Home for Longer! provides a step-by-step strategic plan for aging adults who want to use technology to live more safely, healthily, and comfortably in their own homes for as long as possible. Who is This Book For? This ebook is intended to be read by the following people: - Individuals that are 40 years of age and above, who want to be able to live at home safely, comfortably and securely for as long as possible. - Aging adults living alone who have a preference to live independently at home and delay or completely negate the need to move to nursing home facilities. - People who feel nervous, scared or lacking the necessary knowledge to allow technology into their homes and lives. - Children living long distances from their aging parents who are worried and want to use senior focused technology systems to help them remotely monitor their loved ones. Inside the Book? This e-book explains 13 technology solutions and services that will allow you to face the many challenges associated with growing old gracefully and with dignity. This ebook includes the two short and one really long chapter: Chapter 1: Independent Living 2.0 Introduction - This chapter describes next generation Independent Living (IL 2.0) and associated benefits. Chapter 2: Next Generation IL 2.0 Solutions - The second and longest chapter :-) helps ageing adults learn about 13 different IL 2.0 systems ranging from flood detection systems and PERs to Home Security Alarm System and socialization technologies. Chapter 3: Final Thoughts – Hmmm; Yes, got lazy towards the end:-) This tiny chapter summarizes the benefits of the 13 key Assistive technology Products covered in this ebook. Populations around the world are aging and most if not all adults prefer to grow old in their own homes. This short ebook is worth checking out if you are part of this generation and want to see what you can do to help yourself.

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