



Aspects of Asperger's: Success in the Teens and Twenties (Lucky Duck Books)

Maude Brown, Alex Miller

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` Once I started this book I was hooked. Where was this book 10 years ago? So many of the problems I have dealt with and worked out through trial and error are here. It would have saved many tears and tantrums - and those not just from me! Once purchased, you will use it over and over again, for reference' -

Communication

A thought provoking and practical book about how one supporter, a grandmother, helped her granddaughter search for ways to help her overcome the difficulties they both faced.

This book does not dwell on the problems but instead looks for the solutions they found together. It will be useful to all those whose lives are touched by Asperger's Syndrome but especially meaningful to those directly involved in supporting young people in school, college and in the home and neighbourhood setting.

It specifically considers:

} patterns of organization in daily life

} constructing programmes of development for individuals.

The book covers the practical issues facing those in their teens and twenties:

} rules

} daily living skills

} personal hygiene

} managing money

} coping in school and college

} friendships

} romantic relationships.

People with Asperger's Syndrome can be valuable contributors to society if they are given support when they need it.

This book is the outcome of the combined efforts of Alex and her grandmother Maude. It is practical, realistic and very positive.

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