



Finding Your Way through Cancer: An Expert Cancer Psychologist Helps Patients and Survivors Face the Challenges of Illness

Andrew Kneier

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Cancer psychologist Andrew Kneier has devoted his career to helping patients master the many challenges and dilemmas that come with a cancer diagnosis. From his work with thousands of people in therapy sessions and cancer support groups, Dr. Kneier has distilled the most common questions and concerns into ten free-standing essays that will help you work through whichever issues are most relevant to you, including:

- Family Matters
- Cancer as a Gift?
- Learning from Your Emotions
- Five Existential Dilemmas
- Mastering Anxiety
- Cancer and Your Life Story

Dr. Kneier has developed innovative ways of thinking and coping that have helped his clients and their families come to terms with personal issues and face them head-on. Whether you're gathering the courage to communicate honestly with your significant other or children or having trouble determining what your prognosis actually means for you, Dr. Kneier will guide you through the questions and answers that have helped thousands of others who have also navigated this challenging journey.

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