



# Understanding Value Based Healthcare

*Vineet Arora, Christopher Moriates, Neel Shah*

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**Provide outstanding healthcare while keeping within budget with this comprehensive, engagingly written guide**

*Understanding Value-Based Healthcare* is a succinct, interestingly written primer on the core issues involved in maximizing the efficacy and outcomes of medical care when cost is a factor in the decision-making process. Written by internationally recognized experts on cost- and value-based healthcare, this timely book delivers practical and clinically focused guidance on one of the most debated topics in medicine and medicine administration today.

*Understanding Value-Based Healthcare* is divided into three sections:

- **Section 1 Introduction to Value in Healthcare** lays the groundwork for understanding this complex topic. Coverage includes the current state of healthcare costs and waste in the USA, the challenges of understanding healthcare pricing, ethics of cost-conscious care, and more.
- **Section 2 Causes of Waste** covers important issues such as variation in resource utilization, the role of technology diffusion, lost opportunities to deliver value, and barriers to providing high-value care.
- **Section 3 Solutions and Tools** discusses teaching cost awareness and evidence-based medicine, the role of patients, high-value medication prescribing, screening and prevention, incentives, and implementing value-based initiatives.

The authors include valuable case studies within each chapter to demonstrate how the material relates to real-world situations faced by clinicians on a daily basis.

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