

## **Feeding Your Child - The Brazelton Way**

T. Berry Brazelton, Joshua Sparrow



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Nursing newborns, picky toddlers, four-year-olds with bizarre food preferences-at every age, parents are concerned with what their children eat. In this indispensable, straight-to-the-point guide, Brazelton and Sparrow follow the same approach of the earlier three very successful books in this series. First they apply the Touchpoints philosophy to feeding (watch for the setbacks that often come before a leap of progress), then they follow feeding progress age by age, and finally they deal with the most common issues: breast or bottle, weaning, basic nutritional needs, the over-involved parent, food battles, adolescent overeating, and the roots of eating disorders. Mealtimes can be fun, healthy, family times-the Brazelton Way.

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