



**Mononitrates: International Symposium on
Mononitrates Montreux, Suisse, June 14-16, 1984
(International Boehringer Mannheim Symposia)**

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The nitrates have remarkable clinical effects that have stood the test of time in the management of ischemic heart disease. What is unusual about this class of compounds is that, after many years of clinical use, we are still exploring new avenues as to the vascular mechanisms of their effect, their applications in treating other clinical conditions, and the development of products with more favorable pharmacokinetic properties. This volume represents the proceedings of a symposium held June 14-16, 1984, in Montreux. The papers were selected to explore the current state of knowledge regarding the mechanisms of action, pharmacokinetics, and clinical efficacy of nitrates. Particular attention has been given to newer studies utilizing the 5-mononitrate metabolite of isosorbide dinitrate, a drug whose pharmacokinetic properties may make it an important new agent in the treatment of angina and congestive heart failure. One of the benefits of an international meeting of experts sharing their views on an internationally used group of drugs is that differences in concepts and clinical practice become apparent and can be discussed. The Montreux forum made it clear that clinicians in North and South America and Europe have diverging views on how the nitrates should be used.

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