



15 Minute Paleo: Delicious Recipes for Busy People in 15 Minutes or Less

Susan Q Gerald

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What Will You Find in This Book Are you one of those people who like to live healthy? Do you just love cooking for yourself and your family? Is finding time to cook in your busy life hard for you? Are you looking for a solution to this issue? Then you have found just the right book! This book contains recipes, which will make your mouth water and stomach churn with excitement. What's more, you might ask? You can whip up these delicious and healthy recipes in just 15 minutes. Don't believe us? Then try them out yourself and enjoy the scrumptious and delectable food with your friends and family. They are easy, healthy, and fulfilling. What more could you ask for? In this book, you will find; 1. 50 Delicious and healthy recipes which you can make in 15 minutes or less! 2. The serving size. 3. The nutritional value for these recipes. 4. And step by step instruction on how to make these recipes. Cooking has never been this easy or delightful. Simply follow the instruction given in the book, and voila, in 15 minutes or less, you will cook up some of the most amazing Paleo food. Are you ready to start cooking? Then Scroll up and Grab Your Copy Now!

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