



Anxiety and Mood Disorders following Traumatic Brain Injury: Clinical Assessment and Psychotherapy (The Brain Injuries Series)

Rudi Coetzer

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While there are many excellent texts addressing cognitive impairment and behavioural difficulties and on rehabilitation associated with traumatic brain injury, few textbooks specifically address the most common emotional problems that can have such an adverse effect on rehabilitation and outcome. Uniquely this book deals exclusively with the identification and psychotherapeutic management of mood and anxiety disorders after traumatic brain injury. Furthermore, a systematic approach to identifying and diagnosing anxiety and mood disorders is followed throughout the text. As well as providing an introduction to anxiety and mood disorders after traumatic brain injury, it provides a psychological perspective on their evolution and management. It is aimed at a range of professionals in training (or those responsible for providing training in psychopathology, neuropsychology and psychotherapy), as well as those who may have an interest in working with the type of patients with anxiety or depression, commonly seen in post-acute brain injury rehabilitation settings. Case studies, summaries and suggested references for further reading are used throughout to facilitate understanding and teaching where relevant.

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