

A Witch's Brew

Patricia Telesco

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This text unites creative brewing with magic. The book shows how beverage-making can be a fun and unusual way to enrich life from a magical perspective. In magic, the cup is a symbol of the Goddess, the ever-fruitful fountain from which nectars of wisdom and blessings flow. The book offers 275 recipes for brews that give the reader's creativity an outlet and enriches their life. The symbolic heritage of the beverages is kept in mind, offering options that are alcoholic and otherwise, that can be imbibed for health or pleasure, to celebrate the Wheel of the Year, or to encourage specific positive attributes. Beverages included are beer, wine, mead, melomel, metheglyn, cyder, physicks, teas, tonics, distilled beverages, coffees, flower and seasonal beverages, malteds, sodas, frappes, juices, pagan party punches, wine coolers, cordials, aperitifs, liqueurs and horilka. Each recipes lists ingredients, directions, magical associations, history/lore and alternative ingredients. Apple mead, for example, is suitable for Samhain celebrations and barley brew should help treat the symptoms of influenza. The book also includes background detail from the history of brewing and brewing as a magical activity to serving vessels and creative toasts.



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