



# **Antioxidant Food Supplements in Human Health**

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Antioxidant Food Supplements in Human Health discusses new discoveries in the areas of oxygen and nitric oxide metabolism and pathophysiology, redox regulation and cell signaling, and the identification of natural antioxidants and their mechanisms of action on free radicals and their role in health and disease.

An essential resource for researchers, students, and professionals in food science and nutrition, gerontology, physiology, pharmacology, and related areas.

#### **Key Features**

- \* Health effects of antioxidant nutrients
- \* Nutrients of vitamins C and E, selenium, alpha-lipoic acid, coenzyme Q10, carotenoids, and flavonoids
- \* Natural source antioxidants, including pine bark, ginko biloba, wine, herbs,uyaku, and carica papaya



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