



# Facing the Depths: Exploring Psyche through the Art of Masks

*Tina Azaria*

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## **Facing the Depths: Exploring Psyche through the Art of Masks** Tina Azaria

Journey into the inner realms of psyche and imagination through this in-depth exploration of masks as tools for personal transformation. Discover the ancient roots and contemporary applications of mask work in the realms of psychology, healing, and initiatory and spiritual practices in this fascinating and ground-breaking book. This is a must read for anyone who works with masks in self-awareness, therapeutic and healing practices. Tina Azaria, MA combines a passion for creating with years of experience and education in fine art, depth psychology and expressive arts therapy. She specializes in depth psychological and arts-based healing work with individuals and groups. Tina is the founder of Alembic Arts and author of Sprung, Poetry of Emergence. Her focus is on working with symbolic and mystery traditions for healing and growth, and is informed by her work with indigenous healers from around the globe. Learn more at [AlembicArts.com](http://AlembicArts.com)

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