



Biking Across America: My Coast-to-Coast Adventure and the People I Met Along the Way

Paul Stutzman

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Discover the heart of America on this life-changing, cross-country bike adventure

After Paul Stutzman finished hiking the entire Appalachian Trail, he found himself longing for another challenge. Trading his hiking boots for a bicycle, Paul set off to discover more of America.

Starting at Neah Bay, Washington, and ending at Key West, Florida, Paul traversed the five-thousand-mile distance between the two farthest points in the contiguous United States. Along the way he encountered nearly every kind of terrain and weather the country had to offer--as well as hundreds of fascinating people who represent the challenges and triumphs of the entire country. Through cold and heat, loneliness and exhaustion, abundance and kindness, Paul pedaled on. His reward--and yours--is a glimpse of an amazing country that inspires us all.

If you long for adventure, love to meet new people, and love this place called America, get ready for the ride of your life.

Paul Stutzman is the author of *Hiking Through*. A former restaurant manager who left his career after his wife's death from breast cancer, Paul hiked the Appalachian Trail in search of peace, healing, and freedom. He continues to seek out adventure in new ways every day. When he is not hiking or on a cross-country bike ride he makes his home in Ohio. Find out more at www.paulstutzman.com.

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