



# Patología dual (Psicología) (Spanish Edition)

*Miguel Del Nogal Tomé*

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## **Patología dual (Psicología) (Spanish Edition)** Miguel Del Nogal Tomé

Esta obra recoge la investigación, reflexión y experiencia del autor en la atención a personas drogodependientes o con trastorno dual con objeto de esclarecer en qué consiste la patología dual, cómo detectarla, cómo intervenir con este tipo de pacientes y, finalmente, ofrecer recomendaciones y aclaraciones (en forma de capítulo de autoayuda) para los pacientes y familiares de personas con patología dual. Para ello, el contenido se divide en cuatro partes diferenciadas que facilitan la exposición y permiten una mejor comprensión de los temas que se abordan, estas son: introducción y delimitación del problema, evaluación, tratamiento y guía para el paciente.

*Miguel del Nogal Tomé* es psicólogo especialista en drogodependencias y compatibiliza la actividad clínica con la docencia.

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