



Pregnancy For Dummies

Sarah Jarvis, Joanne Stone, Keith Eddleman, Mary Duenwald

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In *Pregnancy For Dummies* Dr Sarah Jarvis takes the reader through pregnancy, trimester by trimester, following the baby's growth and describing medical issues that might ensue.

This UK edition includes information on:

- Getting the best care from the NHS for you and your baby
- Welfare benefits for mothers and mums to be.
- The newborn baby
- Taking care of yourself after delivery
- Choosing breast- or bottle-feeding
- Special considerations, such as age, multiple births, complications, illness
- New ultrasound techniques, such as 4D
- Working while pregnant and deciding when to return
- Considering “alternative birth” procedures
- Selecting and using an infant car seat
- Preparing home, family and siblings for new baby
- Caring for a premature child

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Julio Yates:

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