



Public Health: Power, Empowerment and Professional Practice

Glenn Laverack

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This highly anticipated new edition of Glenn Laverack's *Public Health: Power, Empowerment and Professional Practice* has been fully revised throughout to provide readers with a practical understanding of how to help others to empower themselves in public health practice. The book explores the key concept of power and offers practical solutions for transforming professional power relations; it introduces a methodology to plan, implement and evaluate public health programmes; and it investigates the implications of empowerment on public health practice.

The book also offers two new chapters: 'Patient Empowerment' and 'Helping Migrant Populations to Become Empowered', both emerging international public health issues. The new edition is a timely and valuable literary addition that has been designed for those who want to work in a more empowering way. So whether you're studying or practising, if you aspire to be a more effective and empowering practitioner this book will help you realise your professional goals.

Glenn Laverack has spent his whole life living and working with people who experience powerlessness and who suffer the consequences of poverty and inequality. He has a strong academic and practice background and has worked for more than 30 years in Africa, Asia, Europe and the Pacific regions.

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