



Healing War Trauma: A Handbook of Creative Approaches (Psychosocial Stress Series)

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Healing War Trauma details a broad range of exciting approaches for healing from the trauma of war. The techniques described in each chapter are designed to complement and supplement cognitive-behavioral treatment protocols—and, ultimately, to help clinicians transcend the limits of those protocols.

For those veterans who do not respond productively to—or who have simply little interest in—office-based, regimented, and symptom-focused treatments, the innovative approaches laid out in *Healing War Trauma* will inspire and inform both clinicians and veterans as they chart new paths to healing.

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